



# MIND AND BODY STAGE PROGRAM

## SUNDAY 15 JUNE

9.30 – 10am	Townsville Writers and Publishers Centre Children's Storytime
10 – 10.30am	Eternal Moonlight Sound Sound meditation
10.30 – 11am	Ananda Marga Pracaraka Samgha Yoga
11 – 11.30am	Ananda Marga Pracaraka Samgha Meditation
11.30am – 12noon	Townsville City Council Citylibraries Children's Storytime and Kids Sing-a-Long
12noon – 12.30pm	Margie O'Hara Children's Storytime Red Sheep Blue Sheep
12.30 – 1pm	Vaudeville Fusion Family friendly Burlesque Workshop
1 – 1.30pm	Prima Spada Sword and Weapons Display
1.30 – 2pm	Prima Spada Prima Spada Beginners Course Class
2 – 2.30pm	UMF Academy Martial Arts Display
2.30– 3pm	Tropic City Toastmasters Public Speaking Workshop