TRY UNDERWATER HOCKEY!

WHERE: LONG TAN MEMORIAL POOL **WHEN:** MONDAY+WEDNESDAY 7-8pm

What is Underwater Hockey (UWH)?

UWH is a **unique and exciting fun** sport combining **speed, skill and teamwork**.

A team consists of 6 players equipped with a mask, snorkel, fins, a protective glove and a short hockey stick aiming to score into the opposite goal.

Can anyone play?

Anyone, who can swim, is able to play UWH. Our community has members from the young age of 8 and up until 70 years of age!

We have parents joining with their children, which makes this a **family-friendly** sport **for all generations**!

We are an **inclusive** sport with members from different countries, with and without disabilities, with different religions and background!

When and Where do we play?

Every **Monday and Wednesday** from **7-8pm** at **Long Tan Memorial Pool in Heatley**.

We meet around 630pm to gear up and do a little warm-up.

What do you need to bring?

If you have your own mask, snorkel and fins, please bring it with you.

But we have spare gear, and also provide all special gear to play UWH.

How much does it cost?

The first 2 training sessions are **FREE**! If you join our amazing sport, then you only pay when you play!

One training session costs $8, but we have **special offers**.